Inscription form to become an active member **2017/2018**

INTERNATIONAL KRAV-MAGA ACADEMY

(A.I.K.M.)

KICKBOXING / MUAYTHAÏ (THAÏ-BOXING)

www.claude-pouget.com
5, avenue de Villaine - 06240 BEAUSOLEIL
Tél. 06 07 93 31 36 (Technical Director - inscriptions et technical infos)

KICKBOXING
MUAYTHAÏ
BOXE THAÏ

PHOTO

A **15 €** **discount** will be granted for all payments made with the registration before **31 August 2017**

I. - ENTRAINEMENTS : «Gymnase Alexandre Cerimonia» - 7, avenue Maréchal Foch - 06240 Beausoleil

From september 17th 2017to 30th june 2018 (except public holidays and school vacations)

Saturday	
from 10h30 to 11h30 **SELF-DEFENSE KRAV-MAGA** ADULTS - ADOS from 14 years old (All levels)	For additional courses : in Monaco or in Cap d'Ail : **www.claude-pouget@monaco.mc** (Schedule in the daytime)

II. - RATES

Résidence or schooling	Annual subscription fee 1 weekly course max.
Beausoleil	200 €
Autre	250 €

For any additional information :
in Monaco (International Monaco Academy of Kickboxing, Muaythai, Krav-Maga)
or Cap-d'Ail (International Martial Arts Academy of Cap-d'Ail)
Additional annual fee for :
1 additional weekly course : 100 €
2 additional weekly courses : 200 €

III. - APPLICANT (- or + 18 yrs old) HEREAFTER DESIGNATED

I undersigned (Last Name and First Name) : ..... Date of birth : .....

Nationality : ..... Home address : .....

Tel. : ..... Work Tel. : ..... E-mail. : .....

IV. - COMMITMENT OF THE PARTICIPATING APPLICANT

A) I REQUEST my admission as an active member of a section of the A.I.K.M. for participating to the selected courses.
B) I request my participation to the training and activities (competition etc…) of the A.I.K.M.
C) I fully understand that conforming to the reglementation concerning the treatment of information, he has access to all information concerning his file and have the right to access, modify or delete any data concerning that said file.
D) I fully understand that to keep on the registration of my participation, I have to behave good and respect the discipline. In case of cancellation of the registration for these reasons, no reimbursment will be effected.
E) I Authorise medical attention in the event of an incident that may take place during trainings or within the activity of the association. medical attention for his child in the event of an incident that may take place during trainings or within the activity of the A.I.K.M.
F) I Accept the use of his image or that of his practicing child, taken in the context of a group lesson (photo or group films) for the A.I.K.M.
G) I certifie beeing in possession of a medical certificat, dated within the last three monts, stating non contraindication to do Martial Arts and Self-Defence.

I fully understand and agree that the technical direction is assured, in collaboration with eventual assistants, by Mr Claude Pouget state-certified.

IF THE APPLICANT IS ADULT
(+18 yrs old)

Valid for all the page :

"Read and appoved" .....

Date : .....

Signature :

IF THE CLAIMANT IS A MINOR (-18 yrs old) : identity of the person with parental authority :

Mr/Mrs (Name) ..... First name : .....

Address : ..... Telephone : .....

Authorises my child to subscribe and practice in the conditions mentionned above.

Person authorised to pick the child (name/tél.) .....

.....

For the whole page : write "Read and approved" .....

Date : Signature :

PLEASE TURN OVER

USEFUL INFORMATION 2017/2018

FREE DISCOVERY LESSON

Required :
- A certificate of medical not contraindication for practicing of KICKBOXING / MUAYTHAÏ (THAÏ BOXING)
- Authorisation by the parents or guardians for minors (- 18 yrs old - see behind)
(KIT : a kimono or shorts or a tracksuit bottom and a t-shirt)

START OF LESSONS

– Saturday 16th September 2017

TRAINING

– see behind.

PROGRESS

– Progress will be assessed with official grades provided by the master

TO REGISTER

– Provide at the latest during the first lesson a certificate of medical aptitude for the practice of KICK-BOXING / MUAYTHAI (THAÏ-BOXING)
– Fill in and sign the registration form (cf. behind)
– Provide an identity photo
– Pay the subscription by fee by cheque to A.I.K.M.

KIT

– It is necessary after registration to purchase on the spot specific trousers/shorts (30 €) and a t-shirt (20 €). Other equipment: a pair of boxing gloves, a pair of shin guards, a groin protection for men - a mouth guard is also advisable. This equipment can be purchased elsewhere but you can buy new material at interesting prices at the club.

TECHNICAL DIRECTION

The Technical Director is Mr **Claude POUGET**
8th Degree, holder of a State Diploma Professor (B.E. 2) in Kickboxing
Instructor in several fighting disciplines
Silver medal holder in Physical and Sports Education (Monaco)
Master 2 holder in Law

with the eventual cooperation of his assistant(s)

KICKBOXING MUAYTHAI (THAÏ-BOXING)

KICKBOXING and MUAYTHAÏ (THAÏ-BOXING) are internationally renowned modern sporting disciplines which enable you to use, with dynamism, elegance and efficiency, percussive techniques (fists and feet) to improve your muscular structure. It is practiced with full padding and presents no risks, whilst enabling you to evacuate stress and optimise your mental and physical capabilities.

KICKBOXING and MUAYTHAÏ (THAÏ-BOXING) practiced at the academy, will help improve your inner well-being, and act as a genuine way of life. These disciplines are taught at all levels (training by groups and workshops) including specific physical preparation for everyone. Optimise your physical and mental capacities, evacuate your stress, lash out in all safety and tone your muscles.

"We look forward to seeing you join us,
Best wishes"

Le Président, Joël DELALANDE